

Warming Up Exercises #1

M. Knappstein

4/4

R L R L R L R L | R L R L R L R L R L R L R L | R R L L R R L L

4

RR LL RR LL RR LL RR LL | R L R R L R L L | RL RR LR LL RL RR LR LL

7

RR LL RR LL RR LL RR LL | R L R L R R L L | RL RL RR LL RR LL RR LL

10

R L R L L R L R | R L L R L R R L | RLRL LRLR RLLRLRRL

14

RRRRLLLLRRRRLLLL | RRLLLLRRRRLLLL | RLLLLRRR | LLLRRRRL

18

RLLR LRRL RLLR LRRL | RRRRL L LLLL R R | R L R R RLRRRLRL

21

L L RR LL LL RR R R | RLLR L R R L LRRL | R R RRRR L L LLLL

24

RLRR LLRL R R L L | RLRL RR LL RLRR LR LL | L R R L R L L R

27

L R RRRL R L LLLR | RLRR L L LRLL R R | L R RR LL LLRR R L

30

R L L L L L R R R R L L L L | R